

保健・健康

アスベスト

救済制度に基づく手続きを
☎10033849

▽中皮腫や、石綿による肺がんなどで現在療養中の人▽これらの疾病に起因して死亡した人の遺族——のうち労災保険法などで補償されない人で、まだ認定申請をしていない場合は手続きを。☎公害健康補償☎6413・3771。

催し

♥JUNOの健康のつどい思春期JUNOの変化とSOSへの気づき
☎10009291

9月22日(日)午後2時〜4時、中央北生涯学習プラザで、講演を。☎350人☎不要☎疾病対策☎4869・3053。手話通訳あり(☎9月10日まで)。

尼崎市医療フォーラム
10月5日(土)午後2時〜4時10

分、あましんアルカイックホーム・オクトで、「100歳時代の生き方死に方」をテーマにシンポジウムなどを。☎不要☎尼崎市医師会☎6488・7400。

検診

後期高齢者歯科健診
☎10136641

10月1日〜12月27日、市の指定する歯科医院で受診してください。☎後期高齢者医療制度に加入している人☎300人☎9月10日〜11月29日に電話か直接市役所南館1階後期高齢者医療制度担当☎6489・6836。

その他

健康づくり大会の参加団体を募集 ☎1012084

10月25日(金)午前10時〜午後3時30分、ベイコム総合体育館で開催する同大会で、自らの健康づくり活動の紹介を。☎市内で同活動をしている団体など☎9月18日までに電話か直接南部保健福祉センター南部地域保健課☎6415・6342。

無資格者によるあん摩マッサージ指圧などについて
☎1003214

無資格者が治療目的で、あん摩マッサージ指圧・はり・きゅう・整骨を行うと処罰の対象になります。施術を受けるときは有資格者から受けるようにしましょう。

◆特定健診・保健指導
☎40〜74歳の人☎国民健康保険に加入している人は無料。そのほかの医療保険に加入している場合、各医療保険者へお問い合わせを。

◆生活習慣病予防健診

☎16〜39歳の人☎1000円(16〜22歳の方は無料)。

◆後期高齢者健診
☎▽後期高齢者医療制度に加入している▽生活習慣病で治療していない▽6カ月以上続けて入院していない——のすべての条件を満たす人。

いづれも地域の会場(左表)と保健所で受診できます。特定健診・後期高齢者健診は市内指定医療機関でも受診できます。保険証と、受診券がある人は受診券を持って当日直接会場へ。

◆骨髄移植等後の予防接種の再接種に対する費用の助成
☎1018017

小児がん治療として骨髄移植などを受けたことにより、移植前に得られていた定期予防接種の免疫が低下か消失した人に対して、本市の定める額を上限に再接種の費用を助成します。☎▽市内在住▽再接種の時点で20歳未満▽医師が再接種を必要と認めている▽平成31年4月1日以降に再接種した——のすべての条件を満たす人☎申請書に必要書類を添えて郵送か直接保健所感染症対策担当☎660の0052七松町1丁目3の1の502☎4869・3008(☎)申請書は同課などにあります。

ヘルスアップ

☎1001886
☎健康支援推進担当☎6489・6797

◆集団健診と同時にオプション検査を実施します
集団健診の会場で、健診と併せて希望者にはオプション検査を実施します。

①もの忘れチェック (左表)の☎マークの付いている日に、認知症予防のため、「もの忘れチェック」を受けることができます。☎市内在住の40歳以上の人。

②筋肉量測定 全ての健診

日で、加齢とともに筋肉量が減少するサルコペニア肥満の予防のため、体組成・筋肉量測定を実施しています。☎市内在住の18歳以上の人☎200円。後日、受診者には運動指導もあります。

③乳がん検診 下表の乳

マークの付いている日に、乳がん検診マンモグラフィと触診が受診できます。☎市内在住の40歳以上で、昨年度乳がん検診を受けていない女性☎2200円。

④ピロリ菌・胃がんリスク

検査 全ての健診日で、希望者にはピロリ菌・胃がんリスク検査を実施します。☎市内在住の16歳以上の人☎16〜39歳の人1000円、40歳以上の人3000円。

①②④健診予約時に予約

するか、健診当日に下表の会場で申し出てください③健診優先予約フリーダイヤルで予約を。

スワンズワン相談

9月20日(金)・10月23日(水)午後2時〜4時市役所南館1階で、スパイロメーターによる呼吸機能検査やニコチン依存度チェック、禁煙相談を行います。☎電話で健康支援推進担当。

地域で実施する集団健診の日程

| | | |
|------------------|---------------------------------------------|-----------------------------------------------------------------------------|
| 受付時間 | 本庁南館1階 午前8時〜11時 | 本庁以外 午前9時30分〜11時 |
| 集団健診の予約方法 | 優先予約フリーダイヤル ☎0120-552-363 (月〜金曜日午前10時〜午後5時) | WEB予約 健診すずめ通信ホームページ https://amakensin.jp |

| 9月 | 10月 | 10月 | 11月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <table border="1"> <tr><th>日</th><th>曜日</th><th>会場</th><th>オプション</th></tr> <tr><td>4</td><td>水</td><td>宮ノ北団地集会所☎※午前9時30分〜11時30分</td><td>肺</td></tr> <tr><td>8</td><td>日</td><td>浦風小☎☎※午前10時〜11時30分</td><td>肺</td></tr> <tr><td>14</td><td>土</td><td>ハーティ21</td><td>肺</td></tr> <tr><td>16</td><td>月</td><td>本庁南館1階</td><td>肺</td></tr> <tr><td>17</td><td>火</td><td>小田南生涯学習プラザ</td><td>肺</td></tr> <tr><td>18</td><td>水</td><td>女性センタートレピエ</td><td>肺</td></tr> <tr><td>19</td><td>木</td><td>本庁南館1階</td><td>肺</td></tr> <tr><td>20</td><td>金</td><td>園田東生涯学習プラザ</td><td>肺</td></tr> <tr><td>21</td><td>土</td><td>本庁南館1階</td><td>肺も</td></tr> <tr><td>24</td><td>火</td><td>武庫東生涯学習プラザ</td><td>肺</td></tr> <tr><td>25</td><td>水</td><td>ハーティ21</td><td>肺</td></tr> <tr><td>26</td><td>木</td><td>小田南生涯学習プラザ</td><td>肺</td></tr> <tr><td>27</td><td>金</td><td>武庫西生涯学習プラザ 園田西生涯学習プラザ</td><td>肺 肺</td></tr> <tr><td>28</td><td>土</td><td>本庁南館1階</td><td>肺</td></tr> <tr><td>29</td><td>日</td><td>本庁南館1階</td><td>肺も</td></tr> </table> | 日 | 曜日 | 会場 | オプション | 4 | 水 | 宮ノ北団地集会所☎※午前9時30分〜11時30分 | 肺 | 8 | 日 | 浦風小☎☎※午前10時〜11時30分 | 肺 | 14 | 土 | ハーティ21 | 肺 | 16 | 月 | 本庁南館1階 | 肺 | 17 | 火 | 小田南生涯学習プラザ | 肺 | 18 | 水 | 女性センタートレピエ | 肺 | 19 | 木 | 本庁南館1階 | 肺 | 20 | 金 | 園田東生涯学習プラザ | 肺 | 21 | 土 | 本庁南館1階 | 肺も | 24 | 火 | 武庫東生涯学習プラザ | 肺 | 25 | 水 | ハーティ21 | 肺 | 26 | 木 | 小田南生涯学習プラザ | 肺 | 27 | 金 | 武庫西生涯学習プラザ 園田西生涯学習プラザ | 肺 肺 | 28 | 土 | 本庁南館1階 | 肺 | 29 | 日 | 本庁南館1階 | 肺も | <table border="1"> <tr><th>日</th><th>曜日</th><th>会場</th><th>オプション</th></tr> <tr><td>30</td><td>月</td><td>大庄南生涯学習プラザ</td><td>肺</td></tr> <tr><td>1</td><td>火</td><td>ハーティ21</td><td>肺</td></tr> <tr><td>3</td><td>木</td><td>中小企業センター 女性センタートレピエ</td><td>肺も 肺</td></tr> <tr><td>4</td><td>金</td><td>園田東生涯学習プラザ 本庁南館1階</td><td>肺 肺</td></tr> <tr><td>5</td><td>土</td><td>立花センチュリーホール☎☎</td><td>肺</td></tr> <tr><td>6</td><td>日</td><td>三反田会館☎☎</td><td>肺</td></tr> <tr><td>8</td><td>火</td><td>本庁南館1階女性</td><td>肺乳</td></tr> <tr><td>9</td><td>水</td><td>塚口さんさんタウン2番館4階</td><td>—</td></tr> <tr><td>11</td><td>金</td><td>武庫西生涯学習プラザ</td><td>肺も</td></tr> <tr><td>15</td><td>火</td><td>園田西生涯学習プラザ</td><td>肺</td></tr> </table> | 日 | 曜日 | 会場 | オプション | 30 | 月 | 大庄南生涯学習プラザ | 肺 | 1 | 火 | ハーティ21 | 肺 | 3 | 木 | 中小企業センター 女性センタートレピエ | 肺も 肺 | 4 | 金 | 園田東生涯学習プラザ 本庁南館1階 | 肺 肺 | 5 | 土 | 立花センチュリーホール☎☎ | 肺 | 6 | 日 | 三反田会館☎☎ | 肺 | 8 | 火 | 本庁南館1階女性 | 肺乳 | 9 | 水 | 塚口さんさんタウン2番館4階 | — | 11 | 金 | 武庫西生涯学習プラザ | 肺も | 15 | 火 | 園田西生涯学習プラザ | 肺 | <table border="1"> <tr><th>日</th><th>曜日</th><th>会場</th><th>オプション</th></tr> <tr><td>16</td><td>水</td><td>本庁南館1階</td><td>肺</td></tr> <tr><td>17</td><td>木</td><td>小田南生涯学習プラザ 武庫東生涯学習プラザ</td><td>肺 肺</td></tr> <tr><td>18</td><td>金</td><td>大庄北生涯学習プラザ</td><td>肺も</td></tr> <tr><td>20</td><td>日</td><td>本庁南館1階</td><td>肺</td></tr> <tr><td>21</td><td>月</td><td>園田東生涯学習プラザ</td><td>肺</td></tr> <tr><td>23</td><td>水</td><td>南部保健福祉センター</td><td>肺</td></tr> <tr><td>24</td><td>木</td><td>ハーティ21</td><td>肺</td></tr> <tr><td>25</td><td>金</td><td>本庁南館1階女性</td><td>肺乳</td></tr> <tr><td>27</td><td>日</td><td>立花福祉会館☎☎</td><td>肺</td></tr> <tr><td>28</td><td>月</td><td>中小企業センター</td><td>肺</td></tr> <tr><td>29</td><td>火</td><td>ハーティ21</td><td>肺</td></tr> <tr><td>30</td><td>水</td><td>女性センタートレピエ</td><td>肺</td></tr> <tr><td>31</td><td>木</td><td>立花北生涯学習プラザ</td><td>肺</td></tr> </table> | 日 | 曜日 | 会場 | オプション | 16 | 水 | 本庁南館1階 | 肺 | 17 | 木 | 小田南生涯学習プラザ 武庫東生涯学習プラザ | 肺 肺 | 18 | 金 | 大庄北生涯学習プラザ | 肺も | 20 | 日 | 本庁南館1階 | 肺 | 21 | 月 | 園田東生涯学習プラザ | 肺 | 23 | 水 | 南部保健福祉センター | 肺 | 24 | 木 | ハーティ21 | 肺 | 25 | 金 | 本庁南館1階女性 | 肺乳 | 27 | 日 | 立花福祉会館☎☎ | 肺 | 28 | 月 | 中小企業センター | 肺 | 29 | 火 | ハーティ21 | 肺 | 30 | 水 | 女性センタートレピエ | 肺 | 31 | 木 | 立花北生涯学習プラザ | 肺 | <table border="1"> <tr><th>日</th><th>曜日</th><th>会場</th><th>オプション</th></tr> <tr><td>1</td><td>金</td><td>武庫西生涯学習プラザ</td><td>肺も</td></tr> </table> | 日 | 曜日 | 会場 | オプション | 1 | 金 | 武庫西生涯学習プラザ | 肺も |
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| 4 | 水 | 宮ノ北団地集会所☎※午前9時30分〜11時30分 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | 日 | 浦風小☎☎※午前10時〜11時30分 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 | 土 | ハーティ21 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | 月 | 本庁南館1階 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | 火 | 小田南生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | 水 | 女性センタートレピエ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | 木 | 本庁南館1階 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | 金 | 園田東生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21 | 土 | 本庁南館1階 | 肺も | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 火 | 武庫東生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | 水 | ハーティ21 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 26 | 木 | 小田南生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | 金 | 武庫西生涯学習プラザ 園田西生涯学習プラザ | 肺 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28 | 土 | 本庁南館1階 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | 日 | 本庁南館1階 | 肺も | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 日 | 曜日 | 会場 | オプション | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30 | 月 | 大庄南生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 火 | ハーティ21 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 木 | 中小企業センター 女性センタートレピエ | 肺も 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 金 | 園田東生涯学習プラザ 本庁南館1階 | 肺 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 土 | 立花センチュリーホール☎☎ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | 日 | 三反田会館☎☎ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | 火 | 本庁南館1階女性 | 肺乳 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | 水 | 塚口さんさんタウン2番館4階 | — | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11 | 金 | 武庫西生涯学習プラザ | 肺も | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | 火 | 園田西生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 日 | 曜日 | 会場 | オプション | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | 水 | 本庁南館1階 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | 木 | 小田南生涯学習プラザ 武庫東生涯学習プラザ | 肺 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | 金 | 大庄北生涯学習プラザ | 肺も | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | 日 | 本庁南館1階 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21 | 月 | 園田東生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | 水 | 南部保健福祉センター | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 木 | ハーティ21 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 25 | 金 | 本庁南館1階女性 | 肺乳 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | 日 | 立花福祉会館☎☎ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 28 | 月 | 中小企業センター | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | 火 | ハーティ21 | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30 | 水 | 女性センタートレピエ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 31 | 木 | 立花北生涯学習プラザ | 肺 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 日 | 曜日 | 会場 | オプション | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 金 | 武庫西生涯学習プラザ | 肺も | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

大腸がん検診の検査キットは全会場でお渡しできます。肺=肺がん検診が受診可。料金は別途。も=もの忘れチェックあり(予約可)。乳=乳がん検診が受診可。料金は別途(要予約)。女性=レディース健診デイ(受診者は女性のみで保育スペースあり。要予約)。☎=出前健診(予約可)。☎☎=出前健診(予約不可のため直接会場へ)

有料広告欄
※こちらには有料広告を掲載しています

有料広告欄
※こちらには有料広告を掲載しています

☎=問い合わせ先 ☎=申し込み ☎=対象者 ☎=費用 ☎=先着順で受け付ける定員 ☎=申し込み多数の場合は抽選する定員 ☎=休館日 ☎=託児、手話通訳などあり。料金表示のないものは無料です(有料広告を除く)